

October 2026 Snack

Monday	Tuesday	Wednesday	Thursday	Friday
			1 am - apple & cinnamon oatmeal pm - tortilla & guacamole	2 am - lemon poppyseed muffin pm - trail mix & orange slices
5 am - cottage cheese & strawberries pm - apple slices & graham crackers	6 am - cheesy grits pm - vanilla wafers & sunbutter	7 am - spinach & tomato quiche pm - pimento cheese & crackers	8 am - waffles & mixed berries pm - carrots & hummus	9 am - oatmeal & berries pm - pita chips & salsa
12 Parent-Teacher Conference Day - CAMPUS CLOSED	13 am - tortillas & scrambled eggs pm - baked apples & raisins	14 am - blueberry & pumpkin muffin pm - graham crackers & sunbutter	15 am - ½ bagel & blackberry cream cheese pm - bean roll up	16 am - pancakes & peaches pm - cheese cubes & raisins
19 am - ½ english muffin & yogurt pm - tortilla & cottage cheese	20 am - ½ biscuit & gravy pm - pimento cheese & tortilla	21 am - ½ toast & grits pm - blushing pears & graham crackers	22 am - yogurt parfait with strawberry & granola pm - celery, sunbutter, raisins	23 am - ½ scone & pear slices pm - bread pudding with sliced strawberries & bananas
26 am - ½ toast & grits pm - graham crackers & sunbutter	27 am - cheese quiche pm - chips & salsa	28 am - ½ bagel & pumpkin cream cheese pm - baby carrots & hummus	29 am - cereal & applesauce pm - baked apples & raisins	30 am - boo-berry muffin pm - trick or treat trail mix

10/12 - Parent Teacher Conferences | 10/25 - Trunk or Treat

* if there are menu changes due to availability of ingredients, we'll notify you of any updates.