

# February Snacks

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			AM - Scrambled Eggs and Hashbrowns PM - Blueberry Muffin and Craisings. DF = Bagel	AM - Bagel and Cream Cheese DF = SF Jelly PM - Apple Slices and Grahams	AM - Cereal and Yogurt DF = Applesauce PM - Trail Mix and grapes I/T EP - 1/2 Banana	
12	AM - Toast and Strawberry Applesauce PM - String Cheese and Crackers DF = DF Cheese	AM - Scones and Yogurt DF = Applesauce PM - Lemon Bars & Raisins	AM- Pancakes and Blueberry Applesauce DF = Toast PM - Pretzels and Cheese DF = DF Cheese I/T Crackers	AM - Biscuit and Eggs DF = Toast PM - Apple Muffin and Craisins DF = Bagel I/T - Fruit	AM - Apple Cinnamon Oatmeal PM - Trail Mix and Oranges	18
19	AM - Toast with WOW Butter PM - Celery and Carrot Sticks	AM - Eggs and Hashbrowns PM - String Cheese and Blueberries DF = DF Cheese	AM - Tomato Quiche PM - Trail Mix and Cheese Cubes DF = DF Cheese	AM - Waffles and Applesauce PM - Vanilla Wafers and 1/2 Banana	AM - Breakfast Skillet PM - Blueberry Muffin and Fruit DF = Grahams	25
26	AM - English Muffin and Applesauce PM - Tomato Slices and Goldfish (whole grain)	AM - Yogurt with Fruit and Granola DF = Applesauce PM - Grahams and Orange Slices				