

November 2025 Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 am - cheesy grits pm - graham crackers & yogurt	4 am - ½ biscuit & gravy pm - string cheese & apple slices	5 am - ½ english muffin & yogurt pm - tortilla & strawberry cream cheese	6 am - cheese quiche pm - sliced apples & graham crackers	7 am - cereal & applesauce pm - bean roll up
10 am - peaches & cottage cheese pm - blushing pears & granola	11 am - apple cinnamon muffin & ½ banana pm - hummus & carrots	12 am - waffles & yogurt pm - chips & salsa	13 am - whole grain cinnamon roll & applesauce pm - tortilla chips & pumpkin cream cheese	14 am - cheesy hashbrowns pm - chocolate chip pumpkin muffin
17 am - cereal & applesauce pm - sliced pears & granola	18 am - ½ biscuits & gravy pm - raisins & string cheese	19 am - cheese quiche pm - graham crackers & sunbutter	20 am - french toast & ½ banana pm - bean roll up	21 am - ½ bagel & pumpkin cream cheese pm - chips & salsa
24 am - cereal & applesauce pm - hummus & crackers	25 am - pancakes & peaches pm - NO SNACK Celebration of the Harvest	26 Campus Closed - Thanksgiving Break	27 Campus Closed - Thanksgiving Break	28 Campus Closed - Thanksgiving Break

* if there are menu changes due to availability of ingredients, we'll notify you of any updates.