

November 2022 Snacks

Monday	Tuesday	Wednesday	Thursday	Friday
	1 AM - Egg in a Basket PM - Grahams & Cream Cheese <i>DF - Grahams & Applesauce</i>	2 Am- Waffles/ Real strawberry SF syrup PM- Celery & Raisins/wowbutter I/T- Crackers w/ wowbutter & Fruit	3 <i>Am- Bagel/Cream Cheese</i> <i>DF- Bagel/Jelly</i> Pm- Fruit salad	4 AM- Oatmeal & eggs PM- Whole grain goldfish & Hummus <i>DF- Crackers</i>
7 AM- Cereal & applesauce PM- Trail Mix & fruit	8 AM- Hashbrowns & Turkey Sausage Veg- Cheesy Hashbrowns PM- Yogurt Parfait <i>DF- Yogurt Parfait</i>	9 AM- Turkey Bacon & Eggs Veg- Cheesy Eggs/ Tomatoes PM- Blueberry muffin & applesauce	10 AM- Cheese Quiche <i>DF-Cheese</i> PM- Cottage Cheese w/sliced Tomatoes <i>DF- Cheese w/ Sliced tomatoes</i>	11 AM- Buttered Toast W/ SF Jelly PM- Veggie Sticks & Ranch <i>DF- Italian</i>
14 AM- Biscuits & Gravy <i>DF- Toast & Jelly SF</i> PM- Vanilla Wafers & Yogurt <i>DF- Applesauce</i>	15 AM- Breakfast Skillet PM- Hummus & Carrots	16 AM- Pancakes & Yogurt <i>DF- Bagel & Applesauce</i> PM- Chips & Salsa I/T- Crackers & Cheese	17 AM- (SF) Jelly Biscuit <i>DF- Bagel</i> PM- Whole grain goldfish & Wowbutter <i>DF- Crackers</i>	18 AM- Cinnamon Rolls & Fruit <i>DF- Cinnamon toast</i> PM- Grahams & Cream Cheese <i>DF- Applesauce</i>
21 AM- Granola Bar & Fruit PM- String Cheese & Pretzels <i>DF- Cheese</i> I/T- Crackers	22 AM- Cereal & Fruit PM- Pumpkin Pie	23 Campus Closed	24 Campus Closed	25 Campus Closed
28 AM- Cereal & Fruit PM- Crackers & Wowbutter	29 AM- Oatmeal & Apples PM- Chips & Salsa I/T- Crackers & Cheese	30 AM- Blueberry Muffin <i>DF- Cereal & Blueberries</i> PM- Trail Mix & Fruit		E=Elementary P=Primary EP-Early Primary T- Toddler