



THE CELEBRATION OF MY BIRTHDAY

Name:

Birthday:

Your child and you may spend time together and come up with the most important events that were involved in each year of his or her life. Then you can record them on the sheet and return this to school for us to read on your child's birthday.

How we use this information is as follows: A candle is placed in the middle of our circle of children to represent the sun. Then the Birthday Child, holding a globe, walks around the circle as I read about each distinct year in his/her life. This represents one year in your child's life as the earth (child with globe) rotates around the sun (candle). At the completion of each year, we all say "And then he/she was one, two, three, etc." After every year has been read, we all sing the Happy Birthday song and the child blows out the candle.

Example: During my fourth year, our family took a trip to the Grand Canyon. I also got a new puppy and we named him Spot.

First Year (0 to 1):

Second Year (1-2):

Third Year (2-3):

Fourth Year (3-4):

Fifth Year (4-5):

Sixth Year (5-6):

Birthday Ceremony

“ _____ long years ago, a very special baby girl/boy was born, his/her parents looked at her said, “isn’t she great? Let’s give her a special name.” And then they did: *first middle, last*.

When _____ was born, she couldn’t do many things. She could cry, drink milk, kick her legs, and sleep. But she didn’t stay a newborn. The days went by, (*child starts walking around*), the weeks went by, the months, the seasons, the whole year, until _____ was 1 year old (*light candle*).

When _____ was 1 she learned to _____. But she didn’t stay 1. The days went by, (*child starts walking around*), the weeks went by, the months, the seasons, the whole year, until _____ was 2 years old.”

Repeat for each year.

After the last year: “Let’s let our best thoughts and wishes go with _____ , as we sing our birthday song.”

“Happy Birthday. Happy Birthday.

We love you.

Happy Birthday and may all your dreams come true.

When you blow out the candles,
one remains aglow.

That’s the love light in your eyes
where ‘ere you go.”

Then sing traditional Happy Birthday song and let the child blow out candles.