

January 2022

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Grilled Cheese Mixed Veggies Fresh seasonal fruit	4 Chicken Tacos Mexican Rice Fresh seasonal fruit	5 Turkey Meatloaf Corn Fresh Seasonal fruit	6 E/P/EP Frito Chili Pie T- Chili with Crackers Fresh seasonal fruit	7 Pizza Garden salad Fresh seasonal fruit
10 Pasta Veggie Bake Fresh seasonal fruit	11 E/P/EP- Taco salad, rice , corn, cheese and salsa. T - Soft Taco Fresh seasonal fruit	12 Turkey Spaghetti Green Beans Fresh seasonal Fruit	13 Red Beans and Rice Diced Celery Fresh seasonal fruit	14 Chicken Nuggets Broccoli Fresh seasonal fruit
17 Potato, Broccoli & Cheese Ziti Fresh seasonal fruit	18 Chicken Quesadilla Mexican coleslaw Fresh seasonal fruit	19 Chicken salad on a croissant Fresh seasonal fruit	20 Tuna casserole w/ veggies Fresh seasonal fruit	21 Pizza E/P/EP- Carrots & Ranch Dip T- Carrot coins Fresh seasonal fruit
24 Mac & Cheese Broccoli Fresh seasonal fruit	25 E/P/EP- Build your own Nachos T- Tacos Fresh seasonal fruit	26 Chicken Alfredo w/ Spinach Fresh seasonal fruit	27 Fish and Chips Fresh seasonal fruit	28 Chicken Strips w/ dipping sauce Fresh seasonal fruit
31 Veggie Spaghetti Green Beans Fresh seasonal fruit				