

# November 2023 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Seasoned Baked Fish Roasted Winter Squash Seasonal Fruit	2 Minestrone Soup WG Crackers Seasonal Fruit	3 Cheese Pizza Coleslaw Seasonal Fruit
6 Egg Fried Rice Mixed Vegetables Seasonal Fruit	7 Fiesta Chicken Wild Rice Seasonal Fruit	8 Macaroni & Cheese Coleslaw Seasonal Fruit	9 Spinach & Cheese Lasagna Carrot Coins Seasonal Fruit	10 Cheese Pizza Caesar Salad Seasonal Fruit
13 Pasta Primavera (beans) Winter Blend Vegetables Seasonal Fruit	14 Chicken Tacos Mexican Coleslaw Seasonal Fruit	15 White Chilli Cornbread Seasonal Fruit	16 Loaded Potato Soup Crackers Seasonal Fruit	17 Cheese Pizza Cauliflower & Ranch Seasonal Fruit
20 Pasta & Bean Alfredo Winter Slaw Seasonal Fruit	21 <b>Fall Harvest</b>	22 <b><u>HAPPY THANKSGIVING!!!</u></b>	23 <b><u>HAPPY THANKSGIVING!!!</u></b>	24 <b><u>HAPPY THANKSGIVING!!!</u></b>
27 Vegetable Soup Crackers Seasonal Fruit	28 Cheese Enchilada Casserole Refried Beans Seasonal Fruit	29 Creamy Bean & Rice Casserole Okra Seasonal Fruit	30 Grilled Cheese Tomato Soup Seasonal Fruit	

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FAYETTEVILLE  
MONTESSORI  
SCHOOL EST. 1974  
FOUNDER VICTORIA BUTLER